

## **CIDNY Queens May 2025 Newsletter**

### **Hello from CIDNY**

Thank you for taking the time to CIDNY's May 2025 newsletter. May is Mental Health Awareness Month.

If you know someone who would like to receive our email newsletter, please forward this or have them sign up here: <https://www.cidny.org/join-us/>.

Information in this newsletter can always change. If you have any questions, please call or email us. You can view this newsletter on our website at <https://www.cidny.org/cidny-quick-takes/> where you can access accessibility options such as changing font size, changing background color, and more through the Recite Me app (icon in the lower right corner of the webpage).

Please Like/Follow CIDNY on social media if you have not already.

Facebook: <https://www.facebook.com/CIDNYInc/>

Twitter: [https://twitter.com/CID\\_NY](https://twitter.com/CID_NY)

Instagram: <https://www.instagram.com/cidnyinc/>

LinkedIn: <https://www.linkedin.com/company/cidnyinc/>

Bluesky: <https://bsky.app/profile/cidnyinc.bsky.social>

If you would like to support CIDNY with a donation, you can do so here: <https://www.cidny.org/donation/>.

[Click here to view CIDNY's Rights and Responsibilities and Grievance Policy.](#)

---

### **CIDNY's Consumer Action Network (CAN) Meeting**

Wednesday, May 21, 2025, 1 p.m. – 3 p.m.

This month we will speak about Mental Health Awareness Month as well as the Consumer Directed Personal Assistance Program (CDPAP).

Please RSVP in advance at <https://www.tinyurl.com/CIDNY4All> or by emailing Mbacke Thiam at [mthiam@cidny.org](mailto:mthiam@cidny.org). If you need accommodation like large print, American Sign Language (ASL), or materials in other languages, please let us know as soon as possible. For more information, please call 212-674-2300. Thank you!

---

## Upcoming CIDNY And Public Information Events

Below are some upcoming CIDNY events and public events where you can speak with staff from CIDNY. Stop by and say hello to learn more about some of our programs. For all events, please visit <https://www.cidny.org/calendar>.

### Education Budget Town Hall

Tuesday, May 6, 2025, 6:30 p.m. – 7 p.m.

From CIDNY and the Coalition for Equitable Education Funding (CEEF). This will be a virtual town hall, featuring NYC Council Education Committee Chair Rita Joseph, as well as other City Council members. Come learn about the impact potential city budget cuts could have on education programs in NYC, starting as early as September. For RSVP information please visit <https://www.cidny.org/calendar>. Please note this is not a CIDNY run event.

### Know Your Fair Housing Rights Workshop

Wednesday, May 14, 2025, 10:30 a.m.

Join CIDNY and the Fair Housing Justice Center for an informative session. Our presentation covers: A brief history of fair housing and residential segregation, Fair housing laws and protections at the federal, state, and local levels, The impact of race and national origin discrimination in housing, How individuals can recognize and respond to discriminatory practices, Resources and actions to advocate for fair treatment in housing. Participants will receive \$25 Amazon E-Gift Card for attending the full 1-hour workshop with camera on.

RSVP: <https://us02web.zoom.us/meeting/register/tx1ng2OoSuuQj6YMaUVEg>

### Adaptive Dance Class

Wednesday, May 14, 2025, 4:30 p.m. – 5:30 p.m.

Location: CIDNY Manhattan, 1010 Avenue of the Americas, Suite 301, New York, NY 10018

Adaptive dance class taught by Feel the Beat, a disability focused dance organization. Available to anyone and everyone.

RSVP: <https://forms.office.com/r/PJudbgkPsS>

## **Vaccine Event**

Friday, May 16, 2025, 10 a.m. – 2 p.m.

Stop by CIDNY's vaccine event and get a flu vaccine. Please note this event is only offering the flu vaccine at this time. No cost and no insurance needed. \$75 E-Gift Card For Those Vaccinated.\* This event will take place at CIDNY's Manhattan office (1010 Avenue of the Americas, 3rd Floor, New York, NY 10018). This project is supported with public funds through the NYC Civic Engagement Commission's The People's Money participatory budgeting program. Please call 212-674-2300 if you have any questions.

## **Career Workshop**

Thursday, May 15, 2025, 3 p.m.

CIDNY is offering no-cost workshops catered to people with disabilities to find employment and overcome barriers. Weekly Interactive workshops will include: Current Job Market, Vocational skills, Resume writing, Interview Preparation, Mock Interviews, Job Coaching, Technology in the Workplace, Advocacy and Reasonable Accommodations/Legal Rights, and more.

RSVP: <https://forms.office.com/r/LXiN9bmbsq?origin=lprLink>

## **National Voting Access Summit Presentation**

Monday, May 19, 2025, 2 p.m. – 3 p.m.

A virtual summit around polling place accessibility organized by the National Polling Access Audit Coalition. For RSVP information please visit <https://www.cidny.org/calendar>. Please note this is not a CIDNY run event.

## **Education Budget Rally**

Tuesday, May 20, 2025, 9 a.m. – 10 a.m.

Location: NYC City Hall Steps

Come rally with us ahead of the NYC Council Education Budget hearing, and advocate for the restoration of funding for critical education programs in NYC schools, including for mental healthcare, restorative justice, and teacher recruitment. For RSVP information please visit <https://www.cidny.org/calendar>. Please note this is not a CIDNY run event.

## **Career Workshop**

Thursday, May 22, 2025, 3 p.m.

CIDNY is offering no-cost workshops catered to people with disabilities to find employment and overcome barriers. Weekly Interactive workshops will include: Current Job Market, Vocational skills, Resume writing, Interview Preparation, Mock Interviews, Job Coaching, Technology in the Workplace, Advocacy and Reasonable Accommodations/Legal Rights, and more.

RSVP: <https://forms.office.com/r/LXiN9bmbsq?origin=IprLink>

## **Career Workshop**

Thursday, May 29, 2025, 3 p.m.

CIDNY is offering no-cost workshops catered to people with disabilities to find employment and overcome barriers. Weekly Interactive workshops will include: Current Job Market, Vocational skills, Resume writing, Interview Preparation, Mock Interviews, Job Coaching, Technology in the Workplace, Advocacy and Reasonable Accommodations/Legal Rights, and more.

RSVP: <https://forms.office.com/r/LXiN9bmbsq?origin=IprLink>

---

## **Join Us For An Inclusive and Adaptive Dance Class**

On Wednesday, May 14, 2025 at 4:30 p.m. we will be hosting an adaptive dance class at our Manhattan office (1010 Avenue of the Americas, 3<sup>rd</sup> Floor, New York, NY 10018). The class will be taught by Feel the Beat, a disability focused dance organization. There is no cost for the class and all are welcome! Come dance with us and feel the beat!

If you have questions, or for more information, contact Rebekah Hurst as [rhurst@cidny.org](mailto:rhurst@cidny.org).

RSVP: <https://forms.office.com/r/PJudbgkPsS>

---

## **Polling Site Survey Volunteers Needed**

CIDNY is conducting poll site surveys at polling sites across the five boroughs during the June 2025 Primary Election to ensure that voting is accessible, independent, and

private for individuals with disabilities. Those who successfully complete the survey requirements will be eligible for a \$20 stipend.

For more information, contact Anna Humphrey at [ahumphrey@cidny.org](mailto:ahumphrey@cidny.org) or [646-436-9906](tel:646-436-9906).

---

## **No Cost Breast Cancer Screening**

Early detection of Breast Cancer saves lives! Brooklyn Neighborhood Health is partnering with the American-Italian Cancer Foundation to offer free mammogram screenings.

On Friday, May 16, 2025, from 9 a.m. to 4:30 p.m., the Mammogram Bus is scheduled to be at 485 Throop Ave. Brooklyn, NY 11221.

To be eligible, you must be:

- A woman aged 40 – 75
- Currently living in New York City
- No Mammogram in the past 12 months

Services are at no-cost. No co-pays required and deductibles are waived. Uninsured patients also welcomed. Please bring your photo ID and health insurance card (if insured). For more information, contact [cjosephleconte@health.nyc.gov](mailto:cjosephleconte@health.nyc.gov) or call [718-637-5317](tel:718-637-5317) or [1-877-628-9090](tel:1-877-628-9090). Please note this is not a CIDNY run event.

---

## **Accredited Continuing Education Courses For NYS Licensed Mental Health Professionals**

New Continuing Education courses are now available! CIDNY is currently offering accredited Continuing Education (CE) courses for mental health professionals licensed in New York State. The courses, instructed by New York State licensed professionals, at CIDNY, will count towards satisfying the 36-credit-hour continuing education credits that are required by the New York State Licensure Board for triannual renewal for licensure. The program currently offers accredited courses to NYS licensed practitioners holding LMSW, LCSW, LMHC designations, as well as licensed psychologists.

If you or someone you know is a licensed mental health professional in New York State, please visit our website to find out more about our upcoming courses and support a non-profit organization while getting your required CE credits.

Upcoming courses include:

- Disability 101: May 21 - [Register here](#)
- Trauma and Disability: June 18 - [Register here](#)
- Impact of Disability in the First Session: June 25 - [Register here](#)
- History of Deinstitutionalization: July 2 - [Register here](#)
- Disability 101: July 16 - [Register here](#)
- Trauma and Disability: July 23 - [Register here](#)
- Impact of Disability in the First Session: August 6 - [Register here](#)
- History of Deinstitutionalization: August 20 - [Register here](#)

CIDNY will also be at the 30th Annual Elder Law Forum on May 15, and offering the opportunity to earn six continuing education units. You'll not only learn the most current information about healthcare and long-term care practices, policies and proposals, you'll also earn six CEs! The Forum is New York's largest statewide event where government leaders, health care and long-term care providers, advocates and legal and financial professionals gather to learn and share information on topics vital to seniors, individuals with disabilities, their families and those who provide for their care.

For more information, visit: <https://www.cidny.org/wp-content/uploads/2025/05/Social-Workers-CE-Credits-ELF-2025.pdf>

For more information and available courses, please visit: <https://www.cidny.org/ce/>

---

## National Survey on Health and Disability

The National Survey on Health and Disability (NSHD) is one of the largest national surveys that asks people with disabilities about their experiences with health care access, housing, transportation, health insurance, community participation, and other life experiences. Professionals from the Institute on Disability Policy Studies at the University of Kansas are the current investigators for this research and are seeking survey participants.

The survey is open to anyone with a physical, mental, emotional or health condition who is over 18 years old – including those who may not identify as having a disability. The survey is confidential and takes about 20-30 minutes to complete. It can be done online with a smartphone, tablet, computer, over the telephone, or in ASL via Zoom.

You can take the survey and/or learn more at <https://kuhealthsurvey.org>

---

## **LIFE PRESERVER: Impactful Environmental Activism Through Creative Expression for People With Disabilities**

Ever wanted to have more of a voice in how environmental, climate or pollution issues affect, worry or anger you as someone with a disability ... and do that through your own personal artistic or written expression ... and also possibly earn money from what you create? Thanks to funding from The Puffin Foundation and the support of Center for Independence of the Disabled, New York (CIDNY), LIFE PRESERVER, a free

one-time virtual (Zoom) webinar and arts workshop, will allow you to share the importance of having your voice heard on environmental, climate and pollution issues using the tools of personal artistic and/or written expression. If you complete the

1-hour webinar and arts workshop AND submit (via email or in person) your communicative artistic or written expression together with your name for display at the October 27, 2025 CIDNY Gala by no later than Monday, September 15, 2025 at 5 p.m., you will also receive a digital Visa Gift Card for \$25 usable anywhere where Visa is accepted to cover the cost of any materials you used, and that includes pens, paper and any display frames or easels for whatever you are submitting. Additionally, if someone purchases your artistic or written work during the Gala, you will also receive 50% of that payment, and the other half will go to towards the great work CIDNY is doing in order to support your health, well-being and longterm success! This contribution may also qualify as a personal tax deduction because CIDNY is a registered 501(c) (3) organization.

Please register on the Eventbrite app or website by searching for LIFE PRESERVER. For more information, please email [LadyScreenwriter@aol.com](mailto:LadyScreenwriter@aol.com) or call or text [917-930-3058](tel:917-930-3058). For CIDNY video phone calls (TTY capability) call [646-350-2681](tel:646-350-2681).

---

## **Jobs at CIDNY – Come Work With Us!**

We have a few open jobs at CIDNY. Below is a list of our current open roles. Please visit <https://www.cidny.org/jobs/> for more information, full job descriptions, and our

most recent job listings. Come join our team help fellow New Yorkers, and get great benefits!

- Independent Living Specialist
- LTCOP Ombudsman Advocate/Brooklyn Nursing Homes
- NY Connects Outreach Specialist - Brooklyn
- OHS Housing Specialist

- Peer Independent Living Specialist
  - Transition Specialist
- 

## **CIDNY In The News**

Check out some of our recent media coverage, linked below. You can always see CIDNY in the news stories at <https://www.cidny.org/media-coverage>.

- [No Show Cuo](#) (Politico)
- [New York City Health Department Sustains Decades-Long Leadership In Tobacco Control](#) (Harlem World Magazine)
- [CLOSED: Beth Israel Hospital in East Village is shuttered after long legal battle](#) (amNY)
- [NYS bill creates mental health crisis response system](#) (En Español) (Public News Service)