



**MANHATTAN** | 1010 Avenue of the Americas, Suite 301, New York, NY 10018  
tel: 212.674.2300 fax: 212.254.5953 vp: 646.350.2681

**QUEENS** | 80-02 Kew Gardens Road, Suite 400, Kew Gardens, NY 11415  
tel: 646.442.1520 fax: 357.561.4883

[www.cidny.org](http://www.cidny.org)

## Vocational Transition Services

The Department of Employment Vocational services at CIDNY focuses on assisting all people – with physical, sensory, medical, mental health, learning, or developmental disabilities – to prepare for, find, and maintain employment; attend school; or pursue their vocational aspirations. Workshops aim to help people get on track to apply for work/school and to be equipped with the necessary tools to succeed.

We teach the soft skills needed for success such as effective communication and pre-employment preparations, as well as teach consumers how to advocate for themselves as they continue to college and/or the working world. We also provide college preparation. We also teach about laws that protect people with disabilities.

### Vocation Transition Program Services

- Empower and support youth and individuals with disabilities as they make transitions to higher education, employment, and adult life.
- Provide presentations, table community events school, virtually, and in person.
- Help individuals develop goals and action plans for successful outcomes.
- Support individual's efforts to identify and address barriers to their goals.
- Promote cultivation of community connections that will further higher education and address barriers to education and employment.
- Guide through understanding and advocating during IEP meetings.
- Advocacy education for consumers who are unfamiliar with reasonable accommodations.

### Empowering Your Career Journey

Starting August 2024, we will initiate a workshop catered to people with disabilities to find employment and overcome barriers.

Weekly Interactive workshops will include: Current Job Market including Internships, Vocational skills, Resume writing, Interview preparation, Mock Interviews, Job Coaching, Technology in the workplace, Advocacy and Reasonable Accommodations/Legal Rights, and more.

For more information or to RSVP contact: Rachel Smith, Vocational Counselor/Youth Transition Specialist at 646-216-8543 (office), 646-752-5822 (mobile), or [rsmith@CIDNY.org](mailto:rsmith@CIDNY.org)

### December 2024 / January, February 2025 Workshop Schedule

Workshops are held on Thursdays 3p.m.-5pm via Zoom. Pre-Employment Preparation: Internship and Job Opportunities, Mock Interview/Job Coaching, Resume building, Technology in the Workplace, Advocacy and Reasonable Accommodations/Legal Rights.

- 12/5/24 1/23/25
- 12/12/24 1/30/25
- 12/19/24 2/6/25
- 1/2/24 2/13/25
- 1/9/25 2/20/25
- 1/16/25 2/28/25

\*Workshop topics and dates are interchangeable based on the overall needs and the number of registered attendees.