Come in for a benefits check up and check your eligibility for the following benefits and receive support on application and appeals processes:

1. **Social Security Disability Insurance (SSDI)**—Provides monthly payments to people who have a disability that stops or limits their ability to work.
2. **SSI**—Provides monthly payment to people with disabilities and older adults with little or no income or resources.
3. **Fair Fares NYC**—A city program created to help New Yorkers with low income manage their transportation costs. Using the Fair Fares NYC Metro Card.
4. **Medicaid**—Provides health insurance coverage for children and adults with little or no income.
5. **Medicare**—Provides health care coverage for adults 65 years and above.
6. **Cash Assistance/ One Shot Deal**—You may be able to get cash if you cannot pay your bills because you lost your job or have an unexpected emergency situation.
7. **LIHEAP**—Home Energy Assistance Program helps low-income homeowners and renters heat and cool their homes.
8. **TANF**—Cash assistance for families. Eligible families can get up to 60 months of cash benefits.
9. **SNAP**—Provides monthly benefits to spend at local grocery stores and farmers’ markets dependent on household size, income and expenses.
10. **CHA**—Helps with navigation of the complex health care system by providing individual assistance, outreach, and education.
11. **SOFA**—Provides essential assistance to low-income seniors and people with disabilities in accessing health services and reducing their Medicare costs.

If you cannot join us in office and would like to check your benefit eligibility and apply for benefits please contact a Mental Health Benefit Counselor/Outreach Specialist:

**Jahaira Martinez:**
jmartinez@cidny.org or (646) 436 - 4707

**Delva Somers:**
dsomers@cidny.org or (646) 442 - 4150

If you have access to a smart phone device please come with the NYC ACCESS HRA app downloaded for quicker application submission.

**Benefits Open House!**

10 am - 4pm
May 3rd - Manhattan
June 7th - Queens
July 12th - Manhattan

Manhattan - 1010 Avenue of the Americas, Suite 301, NY, NY 10018
Queens - 80-02 Kew Gardens Rd, Suite 400, Kew Gardens, NY 11415