

CIDNY November 2023 Newsletter

Hello from CIDNY

Thank you for taking the time to read our November 2023 newsletter.

If you know someone who would like to receive our email newsletter, please forward this or have them sign up here: <https://www.cidny.org/join-us/>.

Information in this newsletter can always change. If you have any questions, please call or email us.

Please Like/Follow CIDNY on social media if you have not already.

Facebook: <https://www.facebook.com/CIDNYInc/>

Twitter: https://twitter.com/CID_NY

Instagram: <https://www.instagram.com/cidnyinc/>

TikTok: https://www.tiktok.com/@cid_ny

LinkedIn: <https://www.linkedin.com/company/cidnyinc/>

CIDNY's Consumer Action Network (CAN) Meeting

Wednesday, November 15, 2023, 1 p.m. - 3 p.m.

Our regular CAN meeting will take place at CIDNY's Queens office and online over Zoom.

Please RSVP in advance

at: www.tinyurl.com/advocacy4cidny or email Mbacke Thiam at mthiam@cidny.org. For more info, please call 212-674-2300.

CAN: Go Vote!

Friday, November 3, 2023, 3 p.m. to 4 p.m. via Zoom

Join us for a special CAN Go Vote! discussion on voting and disability issues as we prepare for election day. Whether you vote early, in-person, or absentee, your voice matters! This will take place online via Zoom.

Please, register in advance at: tinyurl.com/advocacy4cidny

For more information, please call 212-674-2300 or email Mbacke Thiam at mthiam@cidny.org.

CIDNY Education Workshops and Events

Join us and learn more! This month the Center for Independence of the Disabled, NY (CIDNY) will be

presenting the workshops and events below. Workshops may be recorded for future use in communications materials, websites, or for other purposes by

CIDNY. Please visit our website for an updated list of events at <https://www.cidny.org/calendar/>.

The People`s Money - Idea Generation Session (Virtual)

Wednesday, November 1, 2023, 2 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

<https://us02web.zoom.us/join/register/tZctc-Gqqz8sE9a8NfmMxPe8GKWcGNQm79gt>

Fall Employment Vocational Rehabilitation Workshop

Tuesday, November 2, 2023, 2 p.m. - 3 p.m.

This workshop is part of a series of workshops catered to assist everyone, including people with disabilities, minorities, and people of color to find and overcome barriers to employment. This workshop will take place virtually.

Topics: Vocational group or individual counseling and job coaching.

For questions or to RSVP for this event, CIDNY's Director of Employment Vocational Rehabilitation, Joel Taveras at jtaveras@CIDNY.org or call 646-442-4146 or 646-726-1960

The People`s Money - Idea Generation Session

(Virtual)

Friday, November 3, 2023, 12 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

<https://us02web.zoom.us/meeting/register/tZUpde6uqD4iGNJ6CUbGPQKUoq537rqeFkPh>

The People`s Money - Idea Generation Session

(Virtual)

Monday, November 6, 2023, 2 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

<https://us02web.zoom.us/meeting/register/tZYldOupqTIiGNfioNFSD08rvIWXSSN8outd>

The People`s Money - Idea Generation Session (In Person)

Wednesday, November 8, 2023, 2 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this

process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

This event will take place in person at CIDNY's Manhattan office located at 1010 Avenue of the Americas, Suite 301, New York, NY 10018 (on 38th Street).

Register/RSVP: <https://forms.office.com/r/cxVuBNEgAy>

The People`s Money - Idea Generation Session

(Virtual)

Monday, November 13, 2023, 4 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

<https://us02web.zoom.us/meeting/register/tZYsfuyuqTIpGt1bT4Uv7S9SSEUqP6SEhrNB>

Fall Employment Vocational Rehabilitation Workshop

Tuesday, November 14, 2023, 2 p.m. - 3 p.m. and
Thursday, November 16, 2023, 2 p.m. - 3 p.m.

This workshop is part of a series of workshops catered to assist everyone, including people with disabilities, minorities, and people of color to find and overcome barriers to employment. This workshop will take place virtually.

Topics: Applying to real work, internship, volunteer work, or school and graduation!

For questions or to RSVP for this event, CIDNY's Director of Employment Vocational Rehabilitation, Joel Taveras at jtaveras@CIDNY.org or call 646-442-4146 or 646-726-1960

Easy Ways to Cut the Salt

Wednesday, November 15, 2023, 1 p.m. -2 p.m.

CIDNY has partnered with Stellar Farmers' Markets to offer a series of free virtual nutrition workshops this fall.

Each workshop includes an interactive nutrition activity lead by a nutrition educator with tips for healthy eating and a delicious seasonal recipe demonstration lead by a culinary educator.

Register at

<https://us02web.zoom.us/meeting/register/tZYlcOmvrijPhTosA7bNY80pUEgjCEGR2CX>

The People`s Money - Idea Generation Session (In Person)

Wednesday, November 15, 2023, 3 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

This event will take place in person at CIDNY's Manhattan office located at 1010 Avenue of the Americas, Suite 301, New York, NY 10018 (on 38th Street).

Register/RSVP: <https://forms.office.com/r/frV8wAk3er>

The People`s Money - Idea Generation Session

(Virtual)

Friday, November 17, 2023, 12 p.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

https://us02web.zoom.us/meeting/register/tZ0qcuurrzgjhNQvemBK92p2Hfa_TUVTsYEx

The People`s Money - Idea Generation Session

(Virtual)

Saturday, November 18, 2023, 10 a.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is

spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

https://us02web.zoom.us/meeting/register/tZEpcu-gpjsuH92d53sFEeXDcqBEGfC_uwvT

The People`s Money - Idea Generation Session

(Virtual)

Sunday, November 19, 2023, 10 a.m.

CIDNY on behalf of the NYC Civic Engagement Commissions (CEC) is hosting "The People's Money" a series of participatory budgeting idea sessions. For this process, New Yorkers ages 11 and up, regardless of citizenship or incarceration status, are invited to help directly decide how \$5MM of mayoral expense funding is spent. Residents will have the opportunity to submit creative ideas and vote for winning projects. Participants will receive a \$50 dollar grocery gift card.

Register/RSVP:

https://us02web.zoom.us/meeting/register/tZUqdeGorTouGdET67YI7TbeEJ-dR_nGLE_6

FIDA-IDD Program and Home Care issues for People with I/DD

Wednesday, November 22, 2023, 3:30 p.m. – 5 p.m.

This presentation will include ICAN materials on FIDA-IDD model for dual eligible OPWDD waiver participants, and discussion of how our individuals get Medicare. It will also include Question and Answers section on applying for home care from your county or Medicaid Managed Care plan.

You can join with the Zoom link

below: <https://us02web.zoom.us/j/85428798902?pwd=TS9qNG5xTG5zZzh4cEMyakZoSnJHUT09>

Visit us online at <https://www.cidny.org/calendar/> to see any new or updated events.

RSVP:

If you need an accommodation like large print, American Sign Language (ASL), or materials in other languages, please let us know at least two (2) weeks before the date of the event(s). The link to the meeting will be sent to you via email the day before the event. If you cannot register, you can email RSVP@cidny.org for help or with questions.

Election Day is November 7 – Vote!

Election Day is coming up on November 7, 2023 and includes New York City Council elections. If you need to register to vote, change your party affiliation, or find your polling place, you can do so at

<https://vote.nyc/page/register-vote> or by calling 1-866-868-3692. If you need help, please reach out to CIDNY.

Polling Site Survey Volunteers Needed

CIDNY is seeking volunteers to survey polling sites for accessibility in all five boroughs on election day, Tuesday, November 7, 2023. Volunteers will be trained on how to properly survey and measure for accessibility issues. If you are interested in helping, but cannot volunteer this time, you can still let us know and we will contact you for future polling site surveys. Please contact Tashia at 646-436-9906 or tlerebours@cidny.org for more details.

Thanks!

CIDNY In The News

Check out some our recent media coverage, linked below.

- NY disability advocates want more accessible polling places (En Español) (Public News Service)
- Navigating New York City's transportation system with a disability (WNYC)
- City Moving Slow on Requirement for Sidewalk Ramps at Every Corner (THE CITY)
- Museum Of City Of N.Y. Features Access Exhibit (Able News)
- Employment As a Disabled Person – Am I Included? (Able News)