

CIDNY February 2023 Newsletter

Hello from CIDNY

Thank you for taking the time to read our February 2023 newsletter.

If you know someone who would like to receive our email newsletter, please forward this or have them sign up here: <https://www.cidny.org/join-us/>.

Information in this newsletter can always change. If you have any questions, please call or email us.

Please Like/Follow CIDNY on social media if you haven't already.

Facebook: <https://www.facebook.com/CIDNYInc/>

Twitter: https://twitter.com/CID_NY

Instagram: <https://www.instagram.com/cidnyinc/>

TikTok: https://www.tiktok.com/@cid_ny

YouTube:

<https://www.youtube.com/channel/UCI0eMkvGCPLfI3hzvYXZCVg>

CIDNY's Action Network (CAN) Meeting

Join us on Wednesday, February 15, 2023, 1 p.m. - 3 p.m. for the monthly CAN meeting.

We want to hear about your issues and what is happening out there to prepare our Advocacy Agenda for 2023. We will discuss what we have learned about the Governor's Executive Budget. We will also share updates on the lobby day meetings with our legislators in Albany.

We will meet in person at the CIDNY Queens office at 80-02 Kew Gardens Rd., Suite 301, (bet 80th Rd and Union Turnpike). The virtual option will still be available.

To attend an in-person meeting proof of COVID-19 vaccine and booster is required. Masks are also required and can be provided at the office.

Please RSVP by calling Adrienne at 646-442-1520 or by sending an email to awhite@cidny.org and we will send you a link to the Zoom meeting closer to the date.

For Spanish please RSVP by calling Johanna Gonzalez at 646-442-1520 or by sending an email to jgonzalez@cidny.org.

CAN call in number +1-929-436-2866 Meeting ID: 822
4354 9762 Password: 090870

If you need accommodation, such as large print or interpretation services, please let us know by February 12, 2023. Closed captioning will be provided.

Join CIDNY's February Fundraiser and Get a Sweet Treat

CIDNY has partnered with Krispy Kreme Doughnuts for a Digital Dozen Fundraiser for the month of February. Visit Krispy Kreme Fundraiser at <https://givebutter.com/bA68OA> any day for the month of February and purchase a box of Krispy Kreme's original glazed donuts for \$17.00. An email will be sent with a digital voucher to redeem at your favorite Krispy Kreme location! 50% of proceeds will support CIDNY's ongoing community efforts. Enjoy a sweet treat or gift some doughnuts to your loved ones while supporting your favorite cause. For more information, email Alyssa D'Agosto at adagosto@cidny.org.

Education Workshops and Events

Join us and learn more! This month the Center for Independence of the Disabled, NY (CIDNY) will be presenting the workshops and events below. Workshops may also be recorded for future use in communications materials, websites, and for other purposes by CIDNY. Please visit our website for an updated list of events for November and beyond at

<https://www.cidny.org/calendar/>.

Heart Health – Disability Rights and Awareness

Wednesday, February 15, 2023 2 p.m. – 3 p.m.

CIDNY is partnering with AgeWell New York to provide a Disability Rights and Awareness Webinar on Heart Health during American Heart Month.

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZ0udu6grz0pHNJgl2AeZG0o-gqQLgFI61kN>

NYC Department of Consumer & Worker Protection Tax Prep Webinar

Thursday, February 16, 2023 2 p.m. - 3 p.m.

The External Affairs division of the New York City Department of Consumer & Worker Protection (DCWP) in partnership with CIDNY will be conducting virtual presentations to educate New Yorkers about the upcoming tax season and how to get free professional tax preparation across all five boroughs. After registering, you will receive a confirmation email containing information about joining the meeting.

Register in advance for this meeting:

<https://us02web.zoom.us/j/87432664663>

FIDA-IDD Program and Home Care issues for People with I/DD

Friday, February 24, 2022, 3:30 p.m. – 5 p.m.

This presentation will include ICAN materials on FIDA-IDD model for dual eligible OPWDD waiver participants, and discussion of how our individuals get Medicare. It will also include Question and Answers section on applying for home care from your county or Medicaid Managed Care plan. You can join with the Zoom link below:

<https://us02web.zoom.us/j/85428798902?pwd=TS9qNG5xTG5zZzh4cEMyakZoSnJHUT09>

For the most up to date event listings, please visit
<http://www.cidny.org/calendar>.

RSVP:

If you need an accommodation like large print, American Sign Language (ASL), or materials in other languages, please let us know at least two (2) weeks before the date of the event(s). The link to the meeting will be sent to you via email the day before the event. If you cannot register, you can email RSVP@cidny.org for help or with questions.

Health Care – Get Covered in 2023

Having health insurance coverage is vital for all people, especially those with disabilities.

Did you miss the open enrollment period? You can still sign up for coverage if you qualify for the Special Enrollment Period. For example, you may be able to sign up for coverage if you experience a change in income or your job situation.

To learn more about plan options and eligibility, visit
<https://www.healthcare.gov/choose-a-plan/plans-categories/>.

NYC Parks Inclusive and Adaptive Sports Programs for Young Adults and Adults with Intellectual Disabilities

NYC Parks Inclusive and Adaptive Sports programs are designed to help Young Adults and Adults with Intellectual Disabilities grow both athletically and socially in a safe and fun environment. The purpose of this program is to help integrate both disabled and non-disabled individuals into inclusive sports opportunities!

This program requires a NYC Parks Recreation Center membership, which you can find out more about at <https://www.nycgovparks.org/programs/recreation-centers/membership>.

Discounts are available for people with an IDNYC card. For information on how to get an IDNYC card, visit <https://www.nyc.gov/site/idnyc/index.page>.

COVID-19 Vaccines, Tests, and Information

CIDNY has been working with groups like the Disability Vaccine Access Opportunities Center (DVAO Center) to help make sure we're all staying safe. Some social media sites have suspended moderation of COVID-19

misinformation, so it is more important than ever to make sure you have the right information. If you need help getting the first vaccine or a booster, making an appointment, or have questions about the vaccine and what you've heard, please reach out to us.

If you would like to schedule a vaccine appointment, visit vaccinefinder.nyc.gov or call 877-829-4692.

Compensated Research Opportunity

We're sharing a message from MOPD and the NYC Ferry who are looking for participants to take a ride on NYC Ferry for accessible research purposes with 3x3. The information is below.

3x3 is a community-centered design organization working with NYC Ferry to better understand how people with disabilities experience NYC Ferry.

They are seeking people with disabilities who are interested in taking a ride on NYC Ferry with a 3x3 researcher during the first two weeks of February. 3x3 will compensate participants \$100 for their involvement in this effort and do not need prior experience with NYC Ferry.

If you (or someone you know) may be interested in this

opportunity, please reach out to jeremiecandio@3x3.co for more information. If you choose to participate, a brief onboarding call will be scheduled to plan a trip on NYC Ferry. It is estimated that the trip itself will last no more than about 60-90 minutes, depending on the selected ferry route and number of trips taken.

CIDNY In The News

Take a look at our recent media coverage, linked below.

- [Leadership from the Triple lens of Diversity \(Able News\)](#)
- [Harlem's Espaillat, Hawk And Others Praise Mayor Adams Working People Agenda \(Harlem World Magazine\)](#)
- [Disability groups gather in Times Square to advocate for mask mandates \(News12\)](#)
- [MTA expanding pilot program allowing open strollers on New York City buses; some riders with disabilities voice concerns \(CBS News\)](#)
- [Bronx CB7 Looks Forward to Subway Upgrades & More in 2023 \(Norwood News\)](#)