## **CIDNY January 2023 Newsletter**

#### **Hello from CIDNY**

Happy New Year! Thank you for taking the time to read our January 2022 newsletter.

If you know someone who would like to receive our email newsletter, please forward this or have them sign up here: <a href="https://www.cidny.org/join-us/">https://www.cidny.org/join-us/</a>.

Information in this newsletter can always change. If you have any questions, please call or email us.

Please Like/Follow CIDNY on social media if you haven't already.

Facebook: <a href="https://www.facebook.com/CIDNYInc/">https://www.facebook.com/CIDNYInc/</a>

Twitter: <a href="https://twitter.com/CID\_NY">https://twitter.com/CID\_NY</a>

Instagram: <a href="https://www.instagram.com/cidnyinc/">https://www.instagram.com/cidnyinc/</a>

TikTok: <a href="https://www.tiktok.com/@cid\_ny">https://www.tiktok.com/@cid\_ny</a>

YouTube:

https://www.youtube.com/channel/UCl0eMkvGCPLfl3hzvY

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## **CIDNY's Action Network (CAN) Meeting**

Mark your calendars! NYAIL Budget Advocacy Day 2023 is Monday, February 6<sup>th</sup> in Albany!

We will be holding two in-person trainings in place of our traditional CAN meeting to help prepare us to go to Albany and meet with our legislators in-person to discuss our issues and share our stories.

Training will be held on the following days/locations:

- CIDNY Manhattan office on Wednesday, January 18, 2023, at 1 p.m. -3 p.m.
- CIDNY Queens office on Wednesday, January 25, 2023, at 1 p.m. – 3 p.m.

Please RSVP by calling Adrienne White at 646-442-1520 or by sending an email to <a href="mailto:awhite@cidny.org">awhite@cidny.org</a>.

For Spanish please RSVP by calling Johanna Gonzalez at 646-442-8096 or by sending an email to <a href="mailto:jgonzalez@cidny.org">jgonzalez@cidny.org</a>.

If you need accommodation, such as large print or interpretation services, please let us know by January 11, 2023.

## **Support CIDNY In The New Year**

We simply could not do this work without the help of our supporters. 2022 has been a turning point for many of our advocacy efforts. As a result, we successfully expanded voting rights, accessibility to healthcare, inclusion in employment standards, transportation, and more. With a new year upon us, we ask our donors for support to jumpstart our 2023 initiatives. With your help, we will use these funds to create opportunities to build a more equitable and inclusive New York City and keep our programs growing strong in 2023 and many years to come.

If you would like to donate, you can visit <a href="https://www.cidny.org/donation">https://www.cidny.org/donation</a>, or you can donate to our fundraiser on Facebook at <a href="https://www.facebook.com/donate/5856806157671445/">https://www.facebook.com/donate/5856806157671445/</a>. You can also create your own fundraiser on Facebook and Instagram to support CIDNY!

You can also create a team on GiveButter and if you raise \$100 or more, we will send you a CIDNY shirt as a thank you for your fundraising!

- Click on the CIDNY GiveButter link at <u>https://givebutter.com/1wUocb</u>
- Click "Donate" on the top right hand corner to provide a general donation

- Click the "Fundraise" button in the bottom left corner of the screen and enter your information. This will have you create your own "team."
  - This will give you a custom donation page and link to share on your social media pages and people can donate directly to your campaign.

If you shop with Amazon, but sure to sign up for Amazon Smile (<a href="https://smile.amazon.com/">https://smile.amazon.com/</a>) and selected Center for Independence of the Disabled in New York as your charity recipient. CIDNY will received a small portion of the sales order, at no additional cost to you!

### **Education Workshops and Events**

Join us and learn more! For the month of January 2023, the Center for Independence of the Disabled, NY (CIDNY) will be presenting the workshops and events below. The workshops may also be recorded for future use in communications materials, websites, and for other purposes by CIDNY. Please visit our website for an updated list of events for November and beyond at <a href="https://www.cidny.org/calendar/">https://www.cidny.org/calendar/</a>.

## **Boosting Immunity – Disability Rights and Awareness**

Wednesday, January 18, 2023 2 p.m. – 3 p.m.

CIDNY is partnering with AgeWell New York to provide a Disability Rights and Awareness webinar on Boosting Immunity.

Register in advance for this meeting: <a href="https://us02web.zoom.us/meeting/register/tZIscO2hqDks">https://us02web.zoom.us/meeting/register/tZIscO2hqDks</a>
<a href="https://us02web.zoom.us02web.z

# **NYC Department of Consumer & Worker Protection Tax Prep Webinar**

Wednesday, January 18, 2023 1 p.m. - 2 p.m.

The External Affairs division of the New York City Department of Consumer & Worker Protection (DCWP) in

partnership with CIDNY will be conducting virtual presentations to educate New Yorkers about the upcoming tax season and how to get free professional tax preparation across all five boroughs. After registering, you will receive a confirmation email containing information about joining the meeting.

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZcrd-uorD0qHNOQ7tlQP2Bro7OrOPNoUTshttps://us02web.zoom.us/j/83602026067

# FIDA-IDD Program and Home Care issues for People with I/DD

Friday, January 27, 2022, 10 a.m. – 11:30 a.m.

This presentation will include ICAN materials on FIDA-IDD model for dual eligible OPWDD waiver participants, and discussion of how our individuals get Medicare. It will also include Question and Answers section on applying for home care from your county or Medicaid Managed Care plan. You can join with the Zoom link below: <a href="https://us02web.zoom.us/j/81279630910?pwd=MUZCVU5">https://us02web.zoom.us/j/81279630910?pwd=MUZCVU5</a> UQnFvY3l1Z3NMU0VhRIRaUT09

# Monkey Pox (Mpox), Polio, and Skin Health – Disability Rights and Awareness

Wednesday, February 15, 2023 2 p.m. – 3 p.m.

CIDNY is partnering with AgeWell New York to provide a Disability Rights and Awareness Webinar on Heart Health during American Heart Month.

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZ0udu6grz0p HNJgl2AeZG0o-gqQLgFI61kN

# **NYC Department of Consumer & Worker Protection Tax Prep Webinar**

Thursday, February 16, 2023 2 p.m. - 3 p.m.

The External Affairs division of the New York City Department of Consumer & Worker Protection (DCWP) in partnership with CIDNY will be conducting virtual presentations to educate New Yorkers about the upcoming tax season and how to get free professional tax preparation across all five boroughs. After registering, you will receive a confirmation email containing information about joining the meeting.

Register in advance for this meeting: https://us02web.zoom.us/j/87432664663

#### **RSVP**:

If you need an accommodation like large print, American Sign Language (ASL), or materials in other languages, please let us know at least two (2) weeks before the date of the event(s). The link to the meeting will be sent to you via email the day before the event. If you cannot register, you can email <a href="mailto:RSVP@cidny.org">RSVP@cidny.org</a> for help or with questions.

### **Health Care – Get Covered in 2023**

Having health insurance coverage is vital for all people, especially those with disabilities. Health coverage open enrollment is open until January 15, 2023. The levels or tiers of plans are:

Bronze – lowest monthly premium but highest out-ofpocket costs (covers about 60% of costs),

Silver – slightly higher monthly premium but out-of-pocket costs are lower than bronze (covers about 70% of costs)

Gold – even higher monthly premium but even lower outof-pocket costs (covers about 80% of costs),

Platinum – highest monthly premium, with the lowest outof-pocket costs (covers about 90% of costs); best for those who use a lot of care.

To learn more about plan option, visit <a href="https://www.healthcare.gov/choose-a-plan/plans-categories/">https://www.healthcare.gov/choose-a-plan/plans-categories/</a>.

Did you miss the open enrollment period? No need to worry! You can still sign up for coverage if you qualify for the Special Enrollment Period. For example, you may be able to sign up for coverage if you experience a change in income or your job situation.

### **Employment Opportunities**

In addition to job opportunities with CIDNY, which can be found online at <a href="https://www.cidny.org/jobs">https://www.cidny.org/jobs</a>, we sometimes are shared jobs from organizations making an effort to make jobs accessible and offer employment to people with disabilities. One organization, ASG, has a number of jobs available. They are listed below and linked to a job description. You can find the full list online at <a href="https://www.cidny.org/findjobs/">https://www.cidny.org/findjobs/</a>.

- ASG Construction Manager
- ASG Construction Technician I
- ASG Contact Center Agent
- ASG Data Entry Technician
- ASG Drafting Technician I
- ASG Field Support Representative
- ASG Support Specialist
- ASG Survey Technician I

### **COVID-19 Vaccines, Tests, and Information**

CIDNY has been working with groups like the Disability Vaccine Access Opportunities Center (DVAO Center) to help make sure we're all staying safe. Some social media sites have suspended moderation of COVID-19 misinformation, so it is more important than ever to make sure you have the right information. If you need help getting the first vaccine or a booster, making an appointment, or have questions about the vaccine and what you've heard, please reach out to us.

If you would like to schedule a vaccine appointment, visit vaccinefinder.nyc.gov or call 877-829-4692.

### **CIDNY In The News**

Take a look at our recent media coverage, linked below.

- A New Beginning To A Fiscal Restart (Able News)
- Rise in Mental-Illness Issues Seen in Holiday Season (Public News Service)
- Advocates Fear The Impact of NYC's Involuntary Hospitalization Plan (Huffington Post)

<u>Mayor Adams Releases Community-Driven "NYC Speaks Action Plan"</u> (Harlem World Magazine)