



Quick Takes

Center for Independence of the Disabled, NY
www.CIDNY.org

Manhattan

841 Broadway, #301
New York, NY 10003
212/674-2300 Tel
212/254-5953 Fax
646/350-2681 VP

Queens

80-02 Kew Gardens Rd, #100
Kew Gardens, NY 11415
646/442-1520 Tel
347/561-4883 Fax
347/905-5088 VP

CIDNY June 2022 Newsletter

Hello from CIDNY

Hello! Thanks for taking the time to read our June 2022 newsletter.

If you know someone who would like to receive our email newsletter, please forward this or have them sign up here: <https://www.cidny.org/join-us/>.

As a reminder, due to COVID-19 (Coronavirus), our offices are closed to in-person meetings until further notice. However, our programs remain available remotely (through phone and email). If you have a benefits counselor, you can reach out to them directly or contact us through email at info@cidny.org or phone (Manhattan: 212-674-2300 or Video Phone: 646-350-2681 | Queens: 646-442-1520 or Video Phone: 347-474-7076). We'll be sure to let you know when anything changes.

Information in this newsletter can always change. If you have any questions, please call or email us.

Please Like/Follow CIDNY on social media if you haven't already.

Facebook: <https://www.facebook.com/CIDNYInc/>

Twitter: https://twitter.com/CID_NY

Instagram: https://www.instagram.com/cid_ny/

TikTok: https://www.tiktok.com/@cid_ny

YouTube: <https://www.youtube.com/channel/UCI0eMkvGCPLf3hZvYXZCVg>

Volunteers Wanted: Surveying for the Primary Election on June 28

CIDNY is seeking volunteers to survey polling sites for accessibility in all five boroughs on election day, June 28, 2022. Volunteers will be trained on how to measure ramps, doorways, and entrance lips, and how to answer questions on the survey instrument. Volunteers will visit polling sites in teams of two and each team is assigned approximately five sites in close proximity.

If you are interested, please contact Monica at 646-442-4152 or mbartley@cidny.org for more details.



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Telehealth Services Survey

The New York State Health Department is conducting a survey about telehealth services, whether you have used them or not. Telehealth is a way to provide professional medical care over the phone or through video, where you may not even have to leave your home. Click the link below to take the five-minute survey and be counted regarding telehealth. You can complete the survey until July 1, 2022.

Link: https://www.health.ny.gov/health_care/telehealth_survey/.

Voting: Important Primary Election Dates Coming Up!

This is a reminder that there is a Primary Election on Tuesday, June 28, 2022. There will be an additional Primary Election on Tuesday, August, 23, 2022. Below are some important dates you should be aware of.

You can register to vote online at <https://voterreg.dmv.ny.gov/MotorVoter/>. If you need any help registering or have any questions, please reach out to us.

- Voter Registration for Primary Election: Friday, June 3, 2022
In-person applications must be received by end-of-business on this day.
Applications must be postmarked by this date and received no later than June 8.
- Deadline for Voter Registration: Wednesday, June 8, 2022
This is the deadline for your voter registration application (postmarked by June 3, 2022) to be received by your Board of Elections office.
- Absentee Application: Monday, June 13, 2022
This is the last day to either postmark your application to request an absentee ballot or send an email or fax to request an absentee ballot.
- In-person Absentee: Monday, June 27, 2022
This is the last day to apply in-person for an absentee ballot.
- Last Day Mailed Absentee Ballot: Tuesday, July 5, 2022
This is the last day that your mailed absentee ballot can be received by your Board of Elections (it must be postmarked by June 28, 2022).
- Early Voting: Saturday, June 18, 2022 - Sunday, June 26, 2022
In-person early voting period for the Primary Election begins. Hours vary by day.
Find your voting location at <https://findmypollsite.vote.nyc/>.



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- Election Day: Tuesday, June 28, 2022
Polls are open 6 a.m. - 9 p.m. This is also last day to deliver your absentee ballot in-person to your Board of Elections, and the last day to postmark your absentee ballot which must be received by your Board of Elections office no later than July 5, 2022.

For the August 23, 2022 Primary, July 29, 2022 is the final day for the state Board of Elections to receive a voter registration application in-person or online or for a postmarked ballot to be mailed and August 8, 2022 is the final day for change of address processing.

COVID-19 Vaccine Help

People with disabilities may face increased risks from COVID-19. CIDNY is working with the Disability Vaccine Access Opportunities Center (DVAO Center) to help make sure we're all staying safe and have the correct information about COVID-19 and vaccines. If you need help getting the first vaccine or a booster, making an appointment, or just have questions about the vaccine and what you've heard, reach out to us. Find a vaccine at vaccinefinder.nyc.gov.

Free COVID-19 Home Tests

You can now order a third set of free COVID-19 by one of the methods below.

- Order Online: <https://www.covid.gov/tests>
- Order by Phone: 1-800-232-0233
- Order by TTY: 1-888-720-7489

CIDNY's Action Network Meeting

Join us on June 15, 2022, 1 p.m. - 3 p.m. for the monthly CAN meeting. This month we will be focusing on accessibility issues related to Deaf Blind Awareness. We also want to hear about your advocacy issues, so come prepared to share.

Please RSVP by calling David at 212-674-2300 or by sending an email to dpolanco@cidny.org and we will send you a link to the Zoom meeting closer to the date.

For Spanish please RSVP by calling Jose at 646-442-1520 or by sending an email to jlmera@cidny.org

Join the conversation: online at www.cidny.org; on Facebook (www.facebook.com/CIDNYInc), on Twitter (@CID_NY) and IG (@cid_ny)

For Mandarin or Cantonese please RSVP by calling Ying at 646-442-4149 or by sending an email to yyu@cidny.org

CAN call in number +1-929-436-2866 Meeting ID: 822 4354 9762 Password: 090870

Closed captioning will be provided. If you need accommodation, such as large print or interpretation services, please let us know by June 8, 2022.

Online Education Workshops and Events

Join us and learn more! For the month of June 2022, the Center for Independence of the Disabled, NY (CIDNY) will be presenting the workshops and events below. All workshops for the time being will be presented online, with captioning, as well as other accommodations upon request. The workshops may also be recorded for future use in communications materials, websites, and for other purposes by CIDNY.

CIDNY Writers' Group, facilitated by Avra Wing

Thursday, June 2, 2022, from 3:30 p.m. to 5:30 p.m.

Thursday, June 16, 2022, from 3:30 p.m. to 5:30 p.m.

Thursday, June 30, 2022 from 3:30 p.m. to 5:30 p.m.

Since 2009, CIDNY and the [New York Writers Coalition \(NYWC\)](#) have teamed up to produce a Writers' Workshop for people with disabilities. The workshop provides a safe space for people with disabilities to express their thoughts and stretch their creativity through writing. Contact Angela Bruen directly at RSVP@cidny.org or 347-241-2150 if you are interested in joining the Writers' Group.

Support CIDNY Just By Shopping With Amazon Smile

If you use Amazon, you can support CIDNY's work at no cost to you! All you have to do is go to <https://smile.amazon.com/ch/13-2984549> to select the Center for Independence of the Disabled in New York as your Amazon Smile beneficiary, then use smile. a.m.amazon.com when you shop, and a portion of the sale will benefit CIDNY!

If you or someone you know would like to directly support CIDNY, you can do so at <https://www.cidny.org/donation/>. Did you know some employers will match donations? If you make a donation to CIDNY, be sure to check and see if you're employer will match it!



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Get Health Care

No matter what your health needs are, you may qualify for free or low-cost health insurance through Medicaid! Learn more about your options and see if you qualify anytime online at <https://www.healthcare.gov/>. Need help? Just reach out to us and we'll be happy to help you.

Consumer Rights and Responsibilities

We want to take a moment to remind you about your rights and responsibilities as a CIDNY consumer. You can read the full list online at <https://www.cidny.org/services/consumer-rights-responsibilities-may-2014/>.

CIDNY In The News

Take a look at our recent media coverage, linked below.

- [It's Voting Season Once Again](#) (Able News)
- [Supporting New Yorkers With Disabilities Facing Mental-Health Challenges \(En Español\)](#) (Public News Service)
- [Mental Health for Students With Disabilities](#) (Best Colleges)
- [What does accessible work look like? For some, it's entrepreneurship](#) (Dropbox Business Blog)
- [NYS To Create Accessible Absentee Ballot Program](#) (Able News)
- [COVID-19 Long Haulers Syndrome A Mental-Health Crisis?](#) (Able News)