



# Quick Takes

Center for Independence of the Disabled, NY  
www.CIDNY.org

#### Manhattan

841 Broadway, #301  
New York, NY 10003  
212/674-2300 Tel  
212/254-5953 Fax  
646/350-2681 VP

#### Queens

80-02 Kew Gardens Rd, #100  
Kew Gardens, NY 11415  
646/442-1520 Tel  
347/561-4883 Fax  
347/905-5088 VP

## CIDNY February 2022 Newsletter

### Hello from CIDNY

Hello! Thanks for taking the time to read our February 2022 newsletter. Join us in celebrating Lunar New Year and Black History Month!

If you know someone who would like to receive our email newsletter, please forward this or have them sign up here: <https://www.cidny.org/join-us/>.

As a reminder, due to COVID-19 (Coronavirus), our offices are closed to in-person meetings until further notice. However, our programs remain available remotely (through phone and email). If you have a benefits counselor, you can reach out to them directly or contact us through email at [info@cidny.org](mailto:info@cidny.org) or phone (Manhattan: 212-674-2300 or Video Phone: 646-350-2681 | Queens: 646-442-1520 or Video Phone: 347-474-7076). We'll be sure to let you know when anything changes.

Information in this newsletter can always change. If you have any questions, please call or email us.

Please Like/Follow CIDNY on social media if you haven't already.

Facebook: <https://www.facebook.com/CIDNYInc/>

Twitter: [https://twitter.com/CID\\_NY](https://twitter.com/CID_NY)

Instagram: [https://www.instagram.com/cid\\_ny/](https://www.instagram.com/cid_ny/)

YouTube: <https://www.youtube.com/channel/UCI0eMkvGCPLfI3hZvYXZCVg>

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### CIDNY's Action Network Meeting

Join us on February 16, 2022, for the monthly CAN meeting where we will discuss the meetings with our legislators and celebrate Black History Month with a discussion highlighting the contributions of Black Americans with disabilities to the advancement of disability rights. Remember, your experiences help our advocacy efforts.

Please RSVP by calling Matthew at 212-674-2300 or by sending an email to [mperez@cidny.org](mailto:mperez@cidny.org) and we will send you a link to the Zoom meeting closer to the date. For Spanish, RSVP by calling Jose at 646-442-1520 or by sending an email to [jlmera@cidny.org](mailto:jlmera@cidny.org).

For Mandarin or Cantonese, RSVP by calling Ying at (646) 442-4149 or by sending an email to [yyu@cidny.org](mailto:yyu@cidny.org).

Join the conversation: online at [www.cidny.org](http://www.cidny.org); on Facebook ([www.facebook.com/CIDNYInc](http://www.facebook.com/CIDNYInc)), on Twitter (@CID\_NY) and IG (@cid\_ny)



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CAN call in number +1 929 436 2866 Meeting ID: 875 1463 5512 Password: 986956

Closed captioning will be provided. If you need accommodation, such as large print or interpretation services, please let us know by February 9, 2022.

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## COVID-19 Community Vaccine Navigators and COVID-19 Liaisons

The COVID-19 pandemic is not over. We know you may have some questions, concerns, and needs, and CIDNY is here to help. We're sharing the information below again to ensure that if you need help, you get it. Please see below for some quick reminders and updates on how to stay safe and the COVID-19 vaccine. We have Community Vaccine Navigators available to answer any questions you might have.

How can I protect myself from getting COVID-19?

- The most important thing you can do to protect yourself against COVID-19 is to get vaccinated.
- In addition, wearing a mask over your nose and mouth, staying 6 feet away from others, avoiding crowds and poorly ventilated spaces, and washing your hands often can help protect you.

Where can I get vaccinated?

- Visit [Vaccines.gov](https://vaccines.gov) and enter your zip code and search radius and whether you are interested in the Pfizer, Moderna, or Johnson and Johnson vaccine to find vaccine sites near you.
- If you get vaccinated at an NYC site, you can receive \$100 for your first dose (while the program is still available). You can make an appointment at a city site by going to: <https://vax4nyc.nyc.gov/patient/s/>.
- If you mention that you were referred by the Center for Independence of the Disabled in New York when registering online, CIDNY will also get \$100 to put towards helping people with disabilities.

If you have more questions regarding COVID-19 or COVID-19 vaccination, you may call us at 646-442-4186 and ask to speak to a Community Vaccine Navigator. We can also help you schedule appointments.

For assistance with other COVID-19 related needs such as transportation to or from vaccine appointments or questions about benefits that may be available, you can contact a COVID-19 Liaison at 917-810-2565.



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## Get Free At-Home COVID-19 Tests

Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests. The tests are completely free and will usually ship in 7-12 days through the US Postal Service. You can request your tests at <https://special.usps.com/testkits> or by calling 1-800-232-0233.

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## Online Education Workshops and Events

Join us and learn more! For February 2022, the Center for Independence of the Disabled, NY (CIDNY) will be presenting the workshops and events below. For the time being, all workshops will be presented online, with captioning, as well as other accommodations upon request. The workshops may also be recorded for future use in communications materials, websites, and other purposes by CIDNY.

### New York City Housing Court Updates

Thursday, February 3, 2022, from 1 p.m. to 3 p.m. (English); and Friday, February 4, 2022, from 1 p.m. to 3 p.m. (Spanish)

CIDNY will host a guest speaker from Housing Court Answers (HCA) to help us learn about what is happening in housing court currently. Topics will include: how housing court is working now; the Right to Counsel (RTC) for tenants; nonpayment and holdover cases; the process of an eviction case; illegal lockouts; how to get assistance with back rent; and more.

You can register for this meeting in English on Thursday, 2/3/2022, by clicking here: [https://us02web.zoom.us/meeting/register/tZ0lf-utqT8tGdKlqGeN\\_iKFha-2MhblPwis](https://us02web.zoom.us/meeting/register/tZ0lf-utqT8tGdKlqGeN_iKFha-2MhblPwis)

You can register for this meeting in Spanish on Friday, 2/4/2022, by clicking here: <https://us02web.zoom.us/meeting/register/tZYofumhrzMtHdw9-z2-7ZNuqKKcImH3utml>

### CIDNY Writers' Group, facilitated by Avra Wing

Thursdays, February 10, 2022, and February 24, 2022, from 3:30 p.m. to 5:30 p.m.

Since 2009, CIDNY and the [New York Writers Coalition \(NYWC\)](#) have teamed to produce a Writers' Workshop for people with disabilities. The workshop provides a safe space for people with disabilities to express their thoughts and stretch their creativity through writing. Contact Angela Bruen directly at [RSVP@cidny.org](mailto:RSVP@cidny.org) or (347) 241-2150 if you are interested in joining the Writers' Group.

### Banking Basics

Tuesday, February 15, 2022, from 12:30 p.m. to 2 p.m.

Join the conversation: online at [www.cidny.org](http://www.cidny.org); on Facebook ([www.facebook.com/CIDNYInc](http://www.facebook.com/CIDNYInc)), on Twitter (@CID\_NY) and IG (@cid\_ny)



CID-NY

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CIDNY will host a guest speaker from the Financial Planning Association (FPA), who will help us learn more about the basics of banking. Topics will include different types of banks as well as different types of accounts you can open with them; overdraft, service fees, and interest rates that can be associated with different types of accounts; what to keep in mind when selecting a bank and account that will meet your needs; and more.

You can register for this meeting by clicking here:

<https://us02web.zoom.us/meeting/register/tZErfuqoqDktHdbCskVuNiaBG731FMtjMSeq>

### **FIDA-IDD: Integrated Managed Care for People with Intellectual and Developmental Disabilities who have Medicaid and Medicare**

February 25, 2022, 12 p.m. – 1 p.m.

What is FIDA-IDD?: The Fully-Integrated Dual Advantage Plan for People with Intellectual and Developmental Disabilities. Presented by Lynn Decker, FIDA-IDD Specialist for the ICAN Network.

You can register for this meeting by clicking here:

[https://us02web.zoom.us/webinar/register/WN\\_p22iaQeTSQS6hLUPGo42Xg](https://us02web.zoom.us/webinar/register/WN_p22iaQeTSQS6hLUPGo42Xg)

### **RSVP:**

If you are unable to use the registration links provided above, you can still register for a workshop by sending your email address and phone number to Angela Bruen at [RSVP@cidny.org](mailto:RSVP@cidny.org) or calling (347) 241-2150 at least two (2) days before the day of the event(s).

If you need an accommodation like large print, American Sign Language (ASL), or materials in other languages, please let us know at least two (2) weeks before the date of the event(s).

The link to the meeting will be sent to you via email the day before the event, or if you want to call in for the meeting, you will be provided with the dial-in information.

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## **Health Care Enrollment**

Did you know you can still enroll in a health care plan? If you qualify for Medicaid, you can enroll any time! If you have experienced certain life events, like losing health coverage, moving, getting married, having a baby, or adopting a child, you may be

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eligible. Visit <https://www.healthcare.gov/screener/> for details and to see if you're eligible.

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## Support CIDNY Just By Shopping With Amazon Smile

If you use Amazon, you can support CIDNY's work at no cost to you! All you have to do is go to <https://smile.amazon.com/ch/13-2984549> to select the Center for Independence of the Disabled in New York as your Amazon Smile beneficiary, then use smile.amazon.com when you shop, and a portion of the sale will benefit CIDNY!

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## CIDNY In The News

Take a look at recent media coverage linked below.

- [Local Leaders Say Subway Barriers are Needed, Call for a Pilot Project at Busy Stops](#) (West Side Rag)
- [MTA Drops A 3,000-Page, 2019 Report To Show Problems With Platform Doors, Amid Calls For Better Track Safety](#) (Gothamist)
- [Advocates Push NY to Increase Home-Care Workers' Pay \(En Español\)](#) (Public News Service)
- [Home Care Shortage Keeps Patients in Strained Hospitals](#) (MedPage Today)
- CIDNY also took part in a press conference calling for platform barriers in the subway, covered by NBC News, CBS News, NY1, 1010 WINS, WCBS Radio, and more.

Join the conversation: online at [www.cidny.org](http://www.cidny.org); on Facebook ([www.facebook.com/CIDNYInc](http://www.facebook.com/CIDNYInc)), on Twitter (@CID\_NY) and IG (@cid\_ny)