



## Quick Takes

Center for Independence of the Disabled, NY  
www.CIDNY.org

### Manhattan

841 Broadway, #301  
New York, NY 10003  
212/674-2300 Tel  
212/254-5953 Fax  
646/350-2681 VP

### Queens

80-02 Kew Gardens Rd, #100  
Kew Gardens, NY 11415  
646/442-1520 Tel  
347/561-4883 Fax  
347/905-5088 VP

## CIDNY March 2021 Newsletter

### Hello from CIDNY

Hello! Thanks for taking the time to read our March 2021 newsletter.

If you know someone who would like to also receive our email newsletter, please feel free to forward this or have them sign up here: <https://www.cidny.org/join-us/>.

As a reminder, due to COVID-19 (Coronavirus) our offices are closed to in-person meetings until further notice. However, our programs remain available remotely (through phone and email). If you have a benefits counselor you can reach out to them directly or contact us through email at [info@cidny.org](mailto:info@cidny.org) or phone (Manhattan: 212-674-2300 or Video Phone: 646-350-2681 | Queens: 646-442-1520 or Video Phone: 347-905-5088). We'll be sure to let you know when anything changes.

Information in this newsletter can always change so if you have any questions please call or email us.

If you haven't already, please take a moment to Like/Follow CIDNY on social media.

Facebook: <https://www.facebook.com/CIDNYInc/>

Twitter: [https://twitter.com/CID\\_NY](https://twitter.com/CID_NY)

Instagram: [https://www.instagram.com/cid\\_ny/](https://www.instagram.com/cid_ny/)

YouTube: <https://www.youtube.com/channel/UCI0eMkvGCPLfI3hzvYXZCVg>

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### Navigator Network: Get Affordable Health Care Plan Help

Good news! Open enrollment for health care coverage has been extended through May 2021.

Our Navigator program helps people enroll in health insurance on the NY State of Health Marketplace. If you need help with NY State of Health insurance (the Marketplace), CIDNY has six Navigators in Manhattan and Queens who can help you. Please call us at 917-810-2566.

CIDNY Navigators have been helping people get insurance since the Affordable Care Act began in 2014, so you have access to the best expertise available.

You can also fill out our form below with your name and phone number and someone will call you with information. <https://www.cidny.org/navigator-network-request-form/>.

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### Online Education Workshops

For the month of March 2021, the Center for Independence of the Disabled, NY (CIDNY) will be presenting the workshops and events below. All workshops for the time being will be presented online, with captioning. They may also be recorded for future use in communications materials, websites, and for other purposes by CIDNY.

Join the conversation: online at [www.cidny.org](http://www.cidny.org); on Facebook ([www.facebook.com/CIDNYInc](http://www.facebook.com/CIDNYInc)), on Twitter (@CID\_NY) and IG (@cid\_ny)



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### **Estate Planning with the Financial Planning Association (FPA)**

Wednesday, March 3, 2021 from 12:30pm to 2pm

A member of the Financial Planning Association will help us learn more about the process and importance of setting up a will, what happens if you die or become disabled without certain documents drafted in advance, how the law may or may not serve your personal wishes, and other elements of estate planning.

### **COVID-19 Vaccination Update with the NYC DOHMH**

Friday, March 5, 2021 from 2pm to 3:30pm

A representative from the New York City Department of Health and Mental Hygiene (NYC DOHMH) will help us learn more about the currently approved COVID-19 vaccines, who is eligible to get these vaccines, how to schedule an appointment, and what to expect afterwards.

### **Let's Talk Vegetables with Susie from GrowNYC**

Wednesday, March 24, 2021 from 1pm to 2pm

Susie will give us some background about GrowNYC, the Greenmarkets, and benefits programs that can be used there (e.g. SNAP/EBT, Health Bucks, etc.). She will also provide a little history about this month's featured vegetable, the cabbage: where it originated, how it got to our plates, and other fun facts. She will provide information about other agricultural products in our area as well.

### **CIDNY Writers' Group, facilitated by Avra Wing**

Thursdays, March 11, 2021 and March 25, 2021 from 3:30pm to 5:30pm

Since 2009, CIDNY and the New York Writers Coalition (NYWC) have teamed to produce a Writers' Workshop for people with disabilities. The workshop provides a safe space for people with disabilities to express their thoughts and stretch their creativity through writing.

RSVP: For information on joining the CIDNY Writers' Group, or to RSVP for any of the other events this month, please send your email address and phone number to Shohana Joati at [sjoati@cidny.org](mailto:sjoati@cidny.org), or call 212-674-2300 at least two (2) days before the day of the event(s).

If you need an accommodation like large print, American Sign Language (ASL), or materials in other languages, please let us know at least two (2) weeks before the date of the event(s).

The link to the meeting will be sent to you via email the day before the event.

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## **Zoom Live Transcription/Closed Captions**

Do you use Zoom and would like closed captions for your video calls? Zoom is planning to make closed captioning or live transcription as they call it, available to all users by the fall of 2021. However, you can request the feature early online at <http://bit.ly/ZoomVideoCC>. A request does not guarantee the feature will be added to your account.

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## Scholarship Application

Young adults ages 18-28 (or younger with parental consent) with a disability can apply for a \$1,000 scholarship to participate in independent living-related conferences or national disability and leadership trainings. For more information about the Patricio "Pat" Figueroa, Jr. scholarship or to apply, go to <https://nysilc.org/.../pat-figueroa-scholarship-application>. If you have any questions related to the application, you can contact (518) 427-1060 (Voice/TTY).

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## CIDNY's Action Network Meeting

Join us on March 17, 2020 at 1:00 p.m. for our monthly CAN meeting to share your views on the issues raised at our Virtual Lobby Week and learn more about how our meetings went.

We met with the following legislators: Senators Rachel May, Leroy Comrie, Zellnor Myrie, Sue Serino, Michael Gianaris, Liz Krueger and Phara Souffrant Forrest, Linda B. Rosenthal, Ron Kim, Thomas J. Abinanti, and Daniel O'Donnell to discuss a number of issues. Some issues discussed were Access-A-Ride assessment centers, subway accessibility, D/deaf evaluations relating to pre-schools, and more.

Please RSVP by calling Shohana at 212 674-2300 or by sending an email to [sjoati@cidny.org](mailto:sjoati@cidny.org) and we will send you a link to the Zoom meeting closer to the date.

For Spanish please RSVP by calling Jose at 646-442-1520 or by sending an email to [jlmera@cidny.org](mailto:jlmera@cidny.org).

For Mandarin or Cantonese please RSVP by calling Ying at (646) 442-4149 or by sending an email to [yyu@cidny.org](mailto:yyu@cidny.org).

Closed captioning will be provided. If you need an accommodation, such as large print or interpretation services, please let us know by March 10, 2021.

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## Support CIDNY with Amazon Smile

If you use Amazon, you can go to [smile.amazon.com](https://smile.amazon.com) and select CIDNY (search for Center For Independence Of The Disabled In New York Inc) as your organization to support and AmazonSmile will donate 0.5% of your eligible purchases (at no additional cost to you).

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## Able Newspaper: Living at Home, Not in a Home

Our latest column for Able Newspaper is now available. It focuses on the importance of focusing on home-based care. To read our monthly column, you can sign up for free online access at <http://ablenews.com/new-york-city-edition/>.

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**CID-NY**

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## CIDNY in the News

Take a look at our most recent media coverage from last month below.

[Lawsuit Against MTA Over Accessibility Attains Class-Action Status With More Than 500,000 Plaintiffs](#) (Gothamist)

[Advocates Fear Nursing Home Reform Bills Won't Fundamentally Change Life For Residents](#) (Gothamist)

[PNS Daily Newscast – February 24, 2021](#) (Public News Service)

["COVID-Only" Nursing Homes Raise Concerns for NY Residents' Rights](#) (Public News Service)

[What Nike's First Hands-Free Shoe Means for the Disability Community](#) (Verywell Health)

[CIDNY Says: In Celebration of Black History Month](#) (Able News)