



September 2018

Tell Your Senators to Uphold Disability Rights by Opposing the Nomination of Judge Kavanaugh

CIDNY joins [AAPD](#) and others in opposing the nomination of Judge Brett Kavanaugh to the U.S. Supreme Court. Here are [10 Reasons People with Disabilities Should Oppose Judge Kavanaugh's Nomination](#):

1. He is a threat to your health care.
2. He would allow the President to wield dangerous power.
3. He is dismissive of the fundamental rights of people with disabilities.
4. He won't protect the rights of workers with disabilities.
5. He would narrow the protections of civil rights laws.
6. He promotes school voucher programs that leave students with disabilities without key protections.
7. He discounts the role of the administrative agencies that enforce your rights.
8. He would allow states to impose restrictive voter ID laws.
9. He imposes barriers for people seeking justice in courts.
10. He will not protect the rights of all people, including people with disabilities.

Call Your Senators

Call the Capitol Switchboard at (202) 224-3121 or (202) 224-3091 (TTY) and ask to be connected to your Senators.

Summer Youth Employment Program Interns: In Our Own Words



[Image description: Interns at an outreach event.]

This summer, CIDNY had three student interns with disabilities who helped around the office and learned about working for an independent living center. Here's what they had to say about their experience:

What we learned while working at CIDNY is that people in different age groups and who have different types of disabilities can work to help other people who have disabilities. [This is also known as "peer counseling."] As SYEP Interns, throughout these weeks we were assigned to do different tasks in the office for different programs at CIDNY Queens – together and on our own.

We had to write up a detailed map of directions from the different boroughs so that people with disabilities know the accessible train and alternate bus routes to CIDNY Queens. The other important assignment we had was making phone calls to apartment managers to find out when apartments will be available and how to get a housing application, that way CIDNY staff can tell people how long they have to wait for an open apartment as well as how to get an application.

Each of us learned how to work with people who have different disabilities; that people with disabilities can get services from different programs, like food stamps or IEP high school students can get help getting ready to start working; that CIDNY staff tries their best to help participants to find housing. We enjoyed our time working at CIDNY-Queens, it was a great experience!

Individual Voter Survey

The Primary Election will be held on September 13. The candidates you will be voting for are Attorney General, Governor and Lieutenant Governor, State Senators and Assembly members.

We need to see what the Board of Elections is doing to make the poll sites accessible. After you vote, please complete CIDNY's Individual Voter Survey. Your help in identifying problems means that we can work to get them resolved. Every voter experience that we hear about – including the good ones – makes a difference in our efforts to improve our election process!

Please go to <https://www.surveymonkey.com/r/H5WFNRT> to take the survey. If you do not have internet access, you can complete the survey over the phone by calling Monica Bartley at 646/442-4152.

New Law Passed to Help Students with Mental Health Issues

Mental health conditions are disabilities. Sometimes students who have other disabilities also have mental health issues or secondary disabilities. Students with disabilities may have to deal with depression and loss of

**CID-NY**

Quick Takes

Center for Independence of the Disabled, NY
www.CIDNY.org

Manhattan

841 Broadway, #301
New York, NY 10003
212/674-2300 Tel
212/254-5953 Fax
646/350-2681 VP

Queens

80-02 Kew Gardens Rd, #400
Kew Gardens, NY 11415
646/442-1520 Tel
347/561-4883 Fax
347/905-5088 VP

self-worth because of bullying or exclusion from participating in school programs. NYS passed a law against bullying, but that alone was insufficient to address the effects of bullying, including depression and isolation.

A new law that CIDNY supported mandates education about mental health issues in schools. Sometimes students disclose their feelings of inferiority or suicidal thoughts. When students understand mental health, it may help save lives. The law does not just help the student with the mental health issue understand what he/she is going through, it helps them to recognize the signs and to seek help. It may also help peers to seek assistance or to tell an adult. The law aims to help students who are trying to deal with their mental health issues to seek help and to help other students become familiar with mental health conditions.

Financial Planning for People with Disabilities

Don't miss these two financial planning workshops coming up this fall. They were developed by professionals from the Financial Planning Association (FPA) specifically for CIDNY. If you're interested in attending, please RSVP to the number below.

Five Estate Planning Essentials (Wednesday, September 19, 12 p.m.)

Even if you're low income, you may want to consider planning for your estate. This presentation focuses on:

- What happens when you die or become disabled without documents drafted in advance
- How the law may or may not serve your personal wishes
- How to provide for minor beneficiaries and consider guardianship
- How probate and non-probate transfers differ
- How to move forward with setting up an estate plan

Please **RSVP to Laurette at 212/674-2300 by Tuesday, September 12.** If you need an accommodation like large print or ASL, please let us know at least one week before the workshop.

Building a Better Budget (Wednesday, October 24, 3 p.m.)

Join us to learn more about building a budget on a low income. In this presentation, we will discuss:

- Why you need a budget

- How to build a budget based on your values, goals and priorities
- How to plan for irregular expenses
- What to do if your expenses aren't what you predicted
- Why you shouldn't feel controlled by your budget

Please **RSVP to Laurette at 212/674-2300 by Wednesday, October 17.** If you need an accommodation like large print or ASL, please let us know at least one week before the workshop.

Disability Stories: Take Part in a Local Art Project

If you missed the chance to speak with artist Shannon Finnegan about independent living in person, you can still participate online by filling out this survey: <https://www.surveymonkey.com/r/H9T9KTX>. If you don't have online access, call 212/674-2300 to ask for help filling out the survey.



Where We Live NYC is a collaborative City-led process to promote fair housing, confront segregation, and take action to advance opportunity for all.

how does where you live impact your life?

The City of New York needs to hear from you to develop policy solutions and actionable strategies that move us towards a more just and inclusive city.

Come to a Community Conversation to share:

- Why do you live where you live?
- How does where you live impact your access to opportunity?
- What does a successful neighborhood look like to you?

Brought to you by



(646) 442-1520 www.cidny.org

join us!

Wednesday, September 19th
1 pm - 3 pm
CIDNY Queens

80-02 Kew Gardens Rd #400
Kew Gardens, NY 11415

RSVP @ 646-442-1520

Light refreshments served



Find out more about Where We Live NYC and fair housing at: nyc.gov/wherewelive

For an accommodation, please mention @ RSVP or contact Jose at jlmara@cidny.org

[See below under CIDNY Action Network (CAN) Meeting for text description.]



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NEED HELP?

Walk in to get the help you need. Staff will be available during these times for housing and benefits-related help.



Walk-In Days—Manhattan

Every Monday and Tuesday, 10 a.m. to 1:30 p.m.
Every Thursday from 10 a.m. to 3 p.m.



Walk-In Day—Queens

Every Monday 10 a.m. to 3 p.m.

All events are at CIDNY, 841 Broadway, Suite 301, New York, NY 10003, unless otherwise stated. To RSVP for events, contact Laurette at 212/674-2300 or info@cidny.org. For events in Queens or if you only speak Spanish, RSVP to Jose at 646/442-1520 or jmera@cidny.org. If you need an accommodation, such as large print or interpretation services, let us know by Wednesday, September 5.

CIDNY Action Network (CAN) Meeting

Wednesday, September 19, 1-3 p.m. – Queens Office

How does where you live impact your life? Where We Live NYC is a collaborative City-led process to promote fair housing, confront segregation, and take action to advance opportunity for all. The City of New York needs to hear from you to develop policy solutions and actionable strategies that move us towards a more just and inclusive city. Come to a Community Conversation to share:

- Why do you live where you live?
- How does where you live impact your access to opportunity?
- What does a successful neighborhood look like to you? Brought to you by CINDY. Find out more about Where We Live NYC and fair housing at: nyc.gov/wherewelive. Join us!

Reunión de CIDNY Network (CAN)

Miércoles, 19 de septiembre, 1-3 p.m. - Oficina de Queens

¿Cómo afecta tu vida el lugar en dónde vives?

Where We Live NYC es un proceso de colaboración liderado por la Ciudad para promover la vivienda justa, enfrentar la segregación y tomar medidas para avanzar las oportunidades para todos. La Ciudad de Nueva York

necesita escuchar de usted para desarrollar soluciones de política y estrategias accionables que nos muevan hacia una ciudad más justa e inclusiva. Ven a una Conversación Comunitaria para compartir:

- ¿Por qué vives dónde vives?
- ¿Cómo afecta el lugar en donde vives su oportunidad?
- ¿Qué aspecto tiene para ti un vecindario exitoso?

Presentado por CINDY. Obtenga más información sobre Where We Live NYC y vivienda justa en: nyc.gov/wherewelive. ¡Únete a nosotros!

Housing Workshops

Wednesday, September 12, 10 a.m. to 12 p.m. - Manhattan

Wednesday, September 26, 10 a.m. to 12 p.m. - Queens

CIDNY's housing workshop covers housing options: NYCHA, HPD, HUD listings; NYC Housing Connect and other programs; what you qualify for; income and family size; and how to get and go over your credit report. CIDNY is a full-service center and other benefits will be discussed; we don't offer housing, but can provide information and assist with applications.

CIDNY's Writers' Group

Thursdays from 3:30-5:30 p.m. A facilitated, non-judgmental writing group that promotes individual expression and creativity in a supportive atmosphere.



MTA Board Meeting

Wednesday, September 26 from 10 a.m. to 12 p.m. at MTA Headquarters, 2 Broadway between Beaver and Stone Sts., in lower Manhattan.

Please arrive 45 minutes early and bring a photo ID. Upon arrival, people can choose to sign up to speak during the meeting. There is a two-minute limit for speakers. Join with us and other advocates as we make our voices heard. RSVP required.

SEPTEMBER 2018 CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Labor Day – Office closed  LABOR DAY	4  Walk-in Day 10 a.m.–1:30 p.m.	5	6  Walk-in Day 10 a.m.-3 p.m.  Writer's Workshop 3:30-5:30 p.m.	7	8
9	10  Walk-in Day 10 a.m.-1:30 p.m.  Walk-in Day - Queens 10 a.m.-3 p.m.	11  Walk-in Day 10 a.m.–1:30 p.m.	12  Housing Workshop – Manhattan 10 a.m.-12 p.m.	13  Walk-in Day 10 a.m.-3 p.m. Peer Advocacy as a Strategy for Resistance and Change (webinar) 11 a.m. – 12 p.m.  Writer's Workshop 3:30-5:30 p.m.	14	15
16	17  Walk-in Day 10 a.m.-1:30 p.m.  Walk-in Day - Queens 10 a.m.-3 p.m.	18  Walk-in Day 10 a.m.–1:30 p.m.	19 Five Estate Planning Essentials 12-1:30 p.m. CIDNY Action Network Meeting – Queens 1-3 p.m.	20  Walk-in Day 10 a.m.-3 p.m.  Writer's Workshop 3:30-5:30 p.m.	21	22
23 	24  Walk-in Day 10 a.m.-1:30 p.m.  Walk-in Day - Queens 10 a.m.-3 p.m.	25  Walk-in Day 10 a.m.–1:30 p.m.	26  MTA Board Meeting 10 a.m. – 12 p.m.  Housing Workshop – Queens 10 a.m.-12 p.m.	27  Walk-in Day 10 a.m.-3 p.m.  Writer's Workshop 3:30-5:30 p.m.	28	29  CID-NY Center for Independence of the Disabled, NY