



**CIDNY**

841 Broadway #301  
New York, NY 10003

**CIDNY-Queens**  
137-02A Northern Blvd.  
Flushing, NY 11354

212/674-2300 Tel  
212/674-5619 TTY

646/442-1520 Tel  
718/886-0427 TTY

212/254-5953 Fax  
[www.CIDNY.org](http://www.CIDNY.org)

718/886-0428 Fax  
[www.CIDNY.org](http://www.CIDNY.org)

**Center for Independence of the Disabled, NY**

## Help Stop Increases in Insurance Premium Rates

The New York State Senate passed a budget resolution that eliminated a critical provision from the proposed Executive Budget. The provision requires insurance companies to get approval from the State Insurance Department before they raise premium rates. Currently, insurance companies in New York can increase premiums by simply filing a new rate. The State Insurance Department found that increases in premiums included millions in overcharges, requiring refunds to consumers. The Executive Budget proposal would protect consumers and businesses from these rate increases. More important, it would require review of premium increases before they take effect. This one step could help prevent increases that could force consumers to drop their coverage.

The legislature is in the process of completing the budget. You can join the 174 activists who have sent a message to Senate Majority Leader Sampson and their Senator to Regulate Health insurance Premiums by using [CIDNY's Legislative Action Center](#).

## If You Had a Section 8 Voucher Withdrawn Contact CIDNY

New funding may be available to the New York City Housing Authority (NYCHA) for Section 8 Vouchers. With this funding 200 vouchers could be available for non-elderly April 2010

persons with disabilities and for non-elderly persons with disabilities in a nursing home and/or other institution. New York City Housing Authority (NYCHA) has until July 7, 2010 to apply for this funding. CIDNY would like to help NYCHA with the process by getting names of non-elderly people with disabilities in the community who recently had a Section 8 voucher withdrawn or are on the waiting list. If you have had a Section 8 voucher withdrawn or are on a waiting list, please contact Lourdes Rosa-Carrasquillo at 646-442-4148.

## Fun with Movement Therapy

The class was upbeat and fun, with music and class participation, thanks to instructor Zazel-Chavah O'Garra.



"I found the movement therapy class a needed uplift ... I no longer go to gym, and the only exertion I do is walking from here to there. Movement therapy class gives me a chance to... express aspect of

myself that I wouldn't normally," said Harris Alpert, a class participant.

We had such a good time that we've scheduled a second class Friday, April 23<sup>rd</sup> from 1:30pm to 3:00pm at CIDNY, 841 Broadway Suite 301, New York, NY 10003. We hope that you will join us! To RSVP contact Bianca Neumann at 646-747-1788 or [bianca.neumann@cidny.org](mailto:bianca.neumann@cidny.org).

CIDNY Quick Take



CID-NY

841 Broadway #301  
New York, NY 10003

CIDNY-Queens  
137-02A Northern Blvd.  
Flushing, NY 11354

212/674-2300 Tel  
212/674-5619 TTY

646/442-1520 Tel  
718/886-0427 TTY

212/254-5953 Fax  
www.CIDNY.org

718/886-0428 Fax  
www.CIDNY.org

Center for Independence of the Disabled, NY

## Get ready to vote the new way

This year New Yorkers will be voting with:

- paper ballots,
- scanners that count votes and
- Ballot Marking Devices (BMDs) to help voters with disabilities mark a paper ballot without relying on anyone else.

Come to CIDNY and try the new BMD machines

Wednesday, May 19<sup>th</sup>

1PM – 6:30PM

841 Broadway, #301  
Manhattan, NY 10003

To RSVP or request accommodations, contact Rima McCoy at 646-442-4146.



## New Fact Sheets & Resources

CIDNY now has fact sheets and resources online to help you understand benefits and apply for them. Go to [www.cidny.org](http://www.cidny.org) and check out information on Access-A-Ride, AIDS Drugs Assistance Program (ADAP), Disability Rent Increase Exemption (DRIE), Elderly Pharmaceutical Insurance Coverage (EPIC), Home Energy Assistance Program (HEAP), Medicaid Buy-In, Medicare Part D, New York Prescription Saver Card (NYPS), Reduced Fare Card, and Senior Citizens Rent Increase Exemption (SCRIE). You will learn

April 2010

about eligibility, what documents you will need to apply, how to get an application and much more. If you need help understanding the benefits or eligibility, or if you need the fact sheets in an alternate format, you can contact us and ask to speak to a benefits counselor. . Call us at 646-442-4186 for more information.

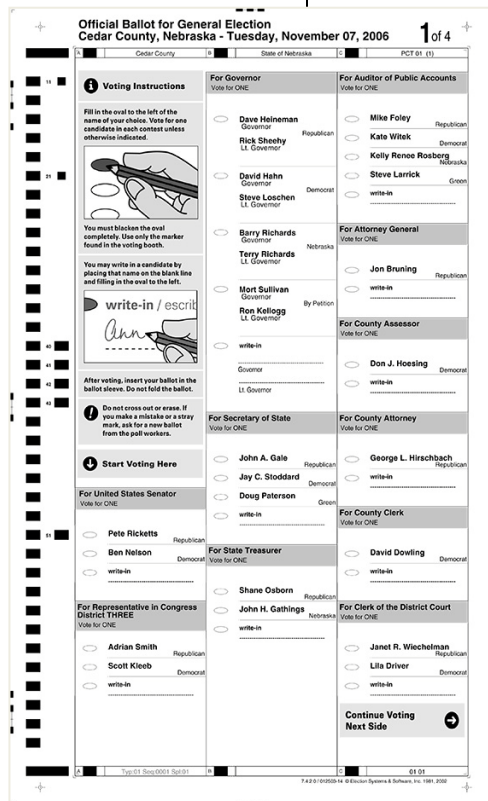
## Missed a Workshop?

Visit our online library and attend on your time.

If you have missed a workshop there is no need to worry. You can now access the information online, at [CIDNY's online library](#). Here you will find workshop video, resource documents, and copies of presentations.

Video is now available on "Emergency Preparedness", "Online Search Strategies for Housing", and "Using Workforce One Stop Centers." Additionally there are resource documents from past presentations such as "Medicare Part D", and "Keeping Your Health Benefits During a Gap in Employment."

We know finding the time to attend our workshops can sometimes be hard, this resource is intended to allow you access to information on your time. For more information about our workshop series contact Bianca Neumann at [bneumann@cidny.org](mailto:bneumann@cidny.org).



CIDNY Quick Take